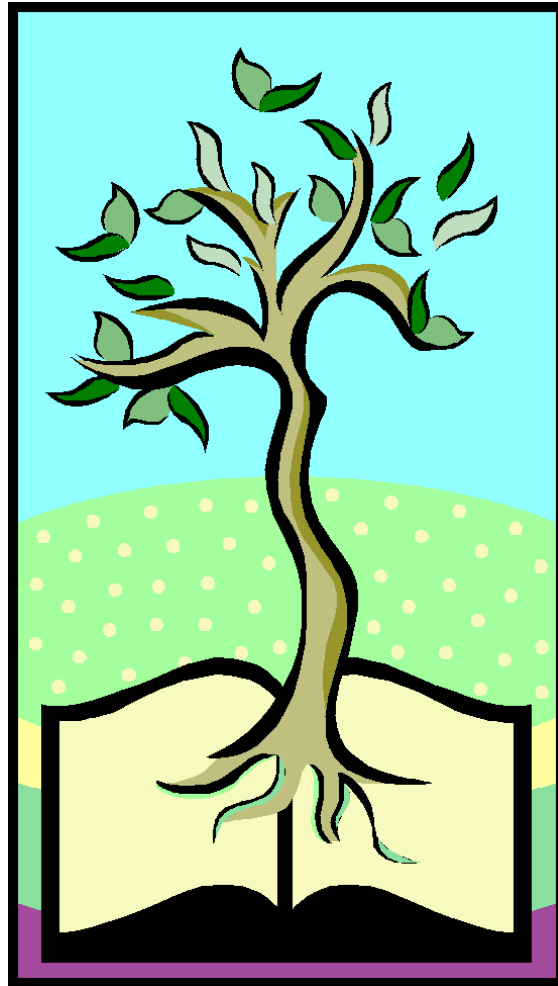


NEW HORIZONS AT UAB



“CURIOSITY NEVER RETIRES”

NEW HORIZONS AT UAB is a membership group of men and women of retirement age who want to keep their minds active through learning and fellowship. Launched in January 1989, it is sponsored by the University of Alabama at Birmingham Center for Aging and the Associate Provost for Academic Programs and Policy as a self-governing and member directed program.

SCHEDULE: Each year, there are three terms, with meetings on Tuesday, Wednesday and Thursday mornings for eight weeks. Terms begin in September, January and March.

CURRICULUM: There are no homework assignments and no exams. Members attend the meetings that interest them. Guest speakers discuss such topics as history, government and politics, art, literature, philosophy, science, medicine, law and even sex! Programs are planned by NEW HORIZONS at UAB members. The questions and comments of members themselves are stimulating parts of each session. You learn and enjoy. A complete schedule is published before registration is opened for each term. Call for one.

“FRIDAY FORUM” - A popular, lively “free-for-all” meeting, open to all members which meets every Friday morning, all year long, from 9:30 AM until noon at the Marshall Conference Center. The discussions concern matters of local, national and international interest. Members of the group have different viewpoints and may volunteer to serve as moderators on a rotating basis.

SPECIAL ACTIVITIES: Planned, organized and led by NEW HORIZONS at UAB members, include visits to museums, concerts, theater and other attractions.

SOCIALIZATION among members is encouraged by refreshment time before each session and at the regular break. Other “social” activities have included a welcoming breakfast at the beginning of the Fall term and a “Holiday Party” in December, and a final luncheon at the end of the Spring term.

INVOLVEMENT: Members may attend and participate in as many program activities as their time and interests allow. NEW HORIZONS at UAB depends upon member cooperation in governance, planning and operation.

MEETINGS take place in the Marshall Conference Center, 802 South 11th Street, adjacent to the Best Western Medical Center Motel. Meetings begin at 9:30 AM and end at noon. Refreshments are served from 9 AM.
Registration fees include parking on Lot 15F opposite the West Campus field on 11th Street.

REGISTRATION

Registration is during the first week of each term: before and after class at Marshall Conference Center.

To have your name added to New Horizons mailing list for further information, e.g. newsletters and schedules, complete the form below and return.

FEES:

Memberships for One Term:

\$75 for individual

\$150 for a couple

(Annual Memberships available only in the Fall)

\$200 for individual

\$350 for a couple

New Horizons—UAB

Name: _____

Street Address _____ Tel# _____

City: _____ State _____ Zip Code _____

By Mail: UAB Office of Academic Programs and Policy HUC 470C
Attention: Regina H. McFadden
1530 3rd Avenue South, Birmingham, AL 35294-1150
(205)934-9708

Senior Moments

inspired...created...celebrated

Volume 14, Number 7
Fall 2009

Editor: Jackie Matte

NEW HORIZONS AT UAB
CELEBRATES TWENTY YEARS
1989 – 2009

On Monday, September 14, 2009, New Horizons at UAB will mark twenty years of informative programs and stimulating friendships. Current members, potential members and guests are invited to join the celebration, register for the 2009-2010 year, enjoy breakfast and hear a program presented by one of our favorite speakers, Dolores Hydock. Members are requested to wear their name tags.

AGENDA

- | | |
|--------------------|--|
| 9:00 AM - 10:00 AM | Continental breakfast
Registration for returning and new members |
| 10:00 AM | Call to Order: Elaine O. Lewis, President
Introduction of Founding Members: Jane Williams
Comments by Founding Members
Introduction of Members of the UAB Administration and Faculty
Comments by Invited Guests
Introduction of New Members |
| | Break |
| 11:00 AM | Program: Dolores Hydock, Actress and Storyteller |

PRESIDENT'S MESSAGE

By Elaine O. Lewis

Our Fall Term begins with a 20th anniversary celebration. Mary Pate and her committee have been planning the event and rest assured it will be special. Thank you all! I would also like to thank Dorinda Smith and her committee for developing an interesting and varied Fall program, Jackie Matte for getting the newsletter printed and sent out on time, and Harold Nordness for his preparation of name tags. A special thank you to Jane Williams for her ability to be a researcher and compulsive editor, and to our Parliamentarian, Esther Brown, who is concerned with doing things in a correct fashion. I look forward to seeing you on the 14th.

REGISTRATION FOR THE FALL SEMESTER

The Fall term begins Monday, September 14, 2009 and ends Thursday, November 5, 2009.

Plan to be there and sign up if you are not registered for our seminars. New friends and guests are cordially invited to join us.

Winter term begins Tuesday, January 5, 2010 and ends Thursday, February 25, 2010.

Spring term begins Tuesday, March 16, 2010 and ends Thursday, May 6, 2010

MEMBERSHIP FEES

Payments may not be made via phone: we do not accept credit cards.

Membership Payment Schedule:

\$200--Full year membership, payable only in the Fall.

\$350--Full membership for couples, payment in the Fall.

\$75---Full membership for one term.

\$150--Couples membership for one term.

TRAVEL WITH NEW HORIZONS TO SAVANNAH, GA

Save the date!!

****3 Nights, 4 days **November 10-11-12-13, 2009**

Enjoy an extraordinary experience in this 250-year-old city, steeped in history and blessed with uncommon natural beauty. More details and sign-up in class, starting Monday, September 14.

NEW HORIZONS TRIP TO NORTH ALABAMA, MAY 14-15, 2009

By Marsha Asman

On Thursday morning, there were 38 excited new Horizons' members who boarded the bus to visit Alabama's tri-Cities area.

First stop--Muscle Shoals-the Alabama Music Hall of Fame. It is a little gem of a museum, showing the surprisingly large number of Alabama musicians (writers, performers, producers) who have made it "big time" in the music industry.

We had a good lunch at the Claunch Café, located right in Tusculumbia's Spring Park, a beautiful green oasis, boasting some huge impressive sculptures of Indians, a lake full of ducks, and a choo-choo train that meandered through the park. It was warm and sunny and we enjoyed the refreshing outdoors.

Ivy Green, the Tusculumbia birthplace of Helen Keller was the next stop. After a vivacious docent held us spellbound with stories about the remarkable Helen Keller, we toured the Keller home, where so much of Helen's memorabilia is on display. What an inspiring woman she was!

We were ready to check in to the majestic Marriott Shoals Hotel, where the accommodations are beautiful and the Tennessee river can be seen from every room.

Friday morning, after a fantastic buffet breakfast at the Hotel, we met a lively, local guide at the historic University of North Alabama campus in Florence.

We sat on the steps, with maps in hand, and listened to his fascinating history of the area and the school. We then took a walking tour of the lovely historic homes on the campus.

The Rosenbaum Frank Lloyd Wright House in Florence was shown to us by knowledgeable guides, who pointed out that Mr. Wright was "'green" before his time, and that he designed the house to be "environmentally correct." A lot of us decided that the house was fun to visit, but we wouldn't want to live there!

After a lunch break in downtown Florence, we headed for Tee-Lah-Nay's Wall. In February, we had had a class about this amazing Wall, but none of us were prepared for the impact the Wall would have on us! The Wall was built by Tom Hendrex, on his property, in memory of his great, great, grandmother, an American Indian, forced to walk to Oklahoma on the Trail of Tears. We sat under shady trees, as Tom wove the tale of Tee-Lah-Nay, and explained this awesome Wall he has lovingly built over the years. This Wall, built of millions of stones of all shapes and sizes extends about a quarter of a mile. It must be seen to be believed. It was as if we were in a holy place!

On the way home, we picked up Bar-B-Q, and had a picnic at the Cullman Rest Stop.

Whew!! We did a LOT in those two days!

Traveling with New Horizons is very special--the camaraderie, the fondness for each other, is always there. Being together—priceless!

Many thanks go to our hard-working travel agent, Gloria Braune, and the New Horizons Travel Committee: Marsha Asman and Sylvia Goldberg, co-chairmen, Jerry Brown, Beverly Burgess, Ron Goldberg, and Joe Levy, our official people counter!

BOOK SWAP

If you have too many books and want a new home for them, bring them to New Horizons for swapping. Pick up a copy of someone else's treasured books off the piano during intermission. Unclaimed books will be passed on to other programs, such as bookmobiles.

FRIDAY FORUM

Friday Forum meets each Friday, all year from 9:30 until noon at the Marshall Conference Center. Forum discussions are about local, national and international matters of interest. Each member sees things differently, making for lively discussions. Moderators serve on a rotating basis. All members of New Horizons are invited to attend and participate.



ALL SESSIONS MEET FROM 9:30 A.M. UNTIL NOON
COFFEE, ETC. FROM 9:00 A.M.

- Monday
Sep. 14 **Registration & Continental Breakfast – 20th Anniversary Celebration with special guests**
Dolores Hydock
Actress, Story Performer
Moderators: Elaine Lewis, Mary Pate
- Tuesday
Sep. 15 **Building Good Citizens in Alabama and Around the World**
Ponya Parks, Executive Director, Alabama Center for Law & Civic Education, Cumberland School of Law
Moderator: Gloria Solomon
- Wednesday
Sep. 16 **Issues of Health Care Reform**
Michael A. Morrissey, Ph.D., Professor, School of Public Health, UAB
Moderator: Dorinda Smith
- Thursday
Sep. 17 **The Korean and Cold Wars**
Don Wilson, Ph.D., Professor Emeritus, History, Samford University
Moderator: Jack Ferguson
-
- Tuesday
Sep. 22 **Chinese Art and Culture**
Catherine Pagani, Ph.D., Professor of Art, University of Alabama
Moderator: Phoebe Cotton
- Wednesday
Sep. 23 **NASA's Role in Exploring New Horizons**
Robert Lightfoot, Jr., P.E., Acting Director, Marshall Space Flight Center
Moderator: Larry Durham
- Thursday
Sep. 24 **Quality Management from Pots to Prostates**
Joseph Van Matre, Ph.D., Professor, UAB School of Business
Moderator: Andrew Daniel
-
- Tuesday
Sep. 29 **Right Brain/Left Brain: Professionals in the Arts – (discussion of 20th century artists who held day jobs)**
Kate Musso, Attorney and Poet; Joe Musso, Attorney and Playwright
Moderator: Elaine Lewis
- Wednesday
Sep. 30 **Stained Glass Techniques and the Making of the Knesset Israel Window**
Andrea Lucas, Artist
Moderator: Dottie Gauthier
- Thursday
Oct. 1 **Journey Through Mania and Depression**
H. Edward Logue, M.D., Psychiatrist, Medical Director, Baptist Medical Center – Princeton, Geriatric Behavior Health
Moderator: Adele Baras
-
- Tuesday
Oct. 6 **Extremist Group Proliferation**
Mark Potok, Director of Intelligence, Southern Poverty Law Center
Moderator: Harry Asman
- Wednesday
Oct. 7 **Existentialism and the Theatre of the Absurd**
Karla Koskinen, Associate Professor of Direction, UAB Theatre Department
Moderator: Dorinda Smith
- Thursday
Oct. 8 **Life, Liberty, and the Pursuit of Happiness**, Art from Yale University, plus an Antiques Road Show of members art
Graham C. Boettcher, Curator, American Art, Birmingham Museum of Art
Moderator: Marsha Asman

The "Friday Forum" meets every Friday morning, year-round.
It offers stimulating and provocative discussions of current affairs.

continued on reverse side



ALL SESSIONS MEET FROM 9:30 A.M. UNTIL NOON
COFFEE, ETC. FROM 9:00 A.M.

- Tuesday
Oct. 13 **Ethics and Leadership in an Era of Declining Trust**
John Knapp, Ph.D., Mann Family Professor of Ethics and Leadership, Samford University
Moderator: Gina Boyd
- Wednesday
Oct. 14 **Scaling the Crumbling Wall of the Past: India Confronts the 21st Century**
Eric Fournier, Ph.D., Professor and Chairperson, Geography Department, Samford University
Moderator: Tom Hines
- Thursday
Oct. 15 **Robotic Surgery**
Thomas Holley, M.D., Urology Centers of Alabama
Moderator: Andrew Daniel

- Tuesday
Oct. 20 **Lessons from History**
William Collins, Ph.D., Professor of Political Science, Samford University
Moderator: Jack Geer
- Wednesday
Oct. 21 **The Meiji Restoration and the Making of Modern Japan: 1868-1912**
Clark Hultquist, Ph.D., Professor of History, University of Montevallo
Moderator: Phoebe Cotton
- Thursday
Oct. 22 **Presidential Illnesses and How Jefferson County Towns Were Named**
Bayard Tynes, M.D., F.A.C.P., Clinical Professor of Medicine, UAB
Moderator: Murray Pizette

- Tuesday
Oct. 27 **A Music Lecture and Performance**
Lester Seigel, Professor of Music, Birmingham Southern College, Director, Hilltop Singers at BSC
Moderator: Andrew Daniels
- Wednesday
Oct. 28 **Positive Co-Existence: Christians, Muslims, and Jews During Spanish Golden Age**
Steven Jacobs, Ph.D., Department of Religion, University of Alabama
Moderator: Harry Asman
- Thursday
Oct. 29 **Youth First**
Cedric D. Sparks, Sr., J.D., Executive Director, Division of Youth Services, Birmingham Mayor's Office
Moderator: Larry Durham

- Tuesday
Nov. 3 **Hot Button Issues in Birmingham and Alabama**
Joey Kennedy, Editorial Writer, Sunday Viewpoints, *The Birmingham News*
Moderator: Jack Ferguson
- Wednesday
Nov. 4 **Exceptionalism and Democracy in El Salvador**
Vincent Gawronski, Associate Professor, Political Science, Birmingham Southern College
Moderator: Phoebe Cotton
- Thursday
Nov. 5 **Ain't That a Knee Slapper? Rural Comedy in the 20th Century**
Tim Hollis, Birmingham Historian, Author
Moderator: Marsha Asman

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